

REDBRIDGE CYCLING CENTRE

Tel: 020 8500 9359

CASUAL USE: (2 hours)	Full Road Circuit – Adult	£4.40
	Full Road Circuit – Junior / Leisure Pass	£2.80
	Part Road Circuit – Adult	£2.40
	Part Road Circuit – Junior / Leisure Pass	£1.80
	MTB Circuit – Adult	£4.40
	MTB Circuit – Junior / Leisure Pass	£2.80
	BMX Track – Adult	£4.40
	BMX Track – Junior / Leisure Pass	£2.80
CASUAL USE: (10 for price of 8)	Adult	£35.20
	Junior / Leisure Pass	£22.40

Please ask for Terms and Conditions of hire or visit our website.

SOUTH WOODFORD LIBRARY & GYM

Tel: 020 8708 9067

FITNESS / GYM:	Gym induction	£30.00
	Gym (per hour)	£7.80
	Gym – Leisure Pass (per hour)	£2.80
	Junior Gym (per hour)	£2.50
FITNESS CLASSES:	Aerobics	£6.40
	Fitness Class	£7.20
	Yoga	£9.50

WANSTEAD LEISURE CENTRE

Tel: 020 8989 1172

BADMINTON:	One hour court hire (member / non-member*)	£10.40 / £15.80
SQUASH: (court hire)	45 minutes (peak / non-member*)	£9.90 / £15.30
	One hour (peak / non-member*)	£13.60 / £19.00
	League	£7.90
BASKETBALL:	One hour court hire	£20.00
5-A-SIDE FOOTBALL:		£80.00

*This price includes two non-member fees.

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WANSTEAD LEISURE CENTRE

Tel: 020 8989 1172

FITNESS / GYM:	Gym Induction	£30.00
	Junior Gym Induction includes first session	£11.50
	Gym (per hour)	£7.80
	Gym – Leisure Pass (per hour)	£2.80
	Circuit Training	£7.80
	Junior Gym (per hour)	£2.50
FITNESS CLASSES:	Aerobics	£6.40
	Fitness Class	£7.20
	Yoga	£9.50
JUNIOR COURSES: (per week)	Badminton (member / non-member)	£5.40 / £7.00
	Trampoline (member / non-member)	£5.40 / £7.00
	Football (member / non-member)	£4.90 / £6.00
MULTI SPORTS:	Per day (member / non-member)	£19.00 / £21.00
ADULT COURSES: (per week)	Badminton (member / non-member)	£5.90 / £8.60
	Trampoline (member / non-member)	£5.90 / £8.60
NON-MEMBER FEES:	Adult – racquet sports only	£2.70

Now Open!

No Strings Badminton
or courts for hire



Hall hire for
5-a-side football



All-weather floodlit
AstroTurf for hire



Loxford Leisure Centre

Loxford Lane, Ilford IG1 2UT Loxford@vision-rcl.org.uk 020 8478 5634




Swimming pool
and lessons





January 2017

PRICE LIST

DON'T MISS OUT – BOOK ONLINE!

(MEMBERS 14 DAYS IN ADVANCE AND NON-MEMBERS 2 DAYS IN ADVANCE)

Collect your log in details from Reception or visit www.vision-rcl.org.uk and select 'Online Bookings'.

SAVE MONEY WITH OUR MEMBERSHIP

You can enjoy our facilities without being a member, but by becoming a member you will save money. Paying for your membership is easy – pay monthly or annually and receive a discount! Just call **020 8550 2366**, **020 8989 1172** or **020 8708 9067**.

GET OUR FREE TIME-SAVING APP

Search for 'VISION RCL' in the Apple App Store on your iPhone or iPad, or Google Play Store on your Android phone or tablet, or use a QR Code Scanner:



www.vision-rcl.org.uk



active 4 life



ASHTON PLAYING FIELDS

Tel: 020 8559 0486

ATHLETICS: (per hour)	Track Training – Adult (daily)	£4.00
	Track Training – Adult (annual)	£104.00
	Track Training – Under 18s / Students (daily)	£1.50
	Track Training – Under 18s / Students (annual)	£42.00
FITNESS: (Ashton only)	Gym induction	£30.00
	Gym (per hour)	£5.20
ASTRO TURF: (per hour)	Whole pitch – Adults	£88.00
	Whole pitch – Juniors	£77.00
	Half pitch – Adults	£54.00
	Half pitch – Juniors	£42.00

CRICKLEFIELDS ATHLETIC GROUND

Tel: 020 8550 2366

ATHLETICS: (per hour)	Track Training – Adult (daily)	£4.00
	Track Training – Adult (annual)	£104.00
	Track Training – Under 18s / Students (daily)	£1.50
	Track Training – Under 18s / Students (annual)	£42.00

FAIRLOP OUTDOOR ACTIVITY CENTRE

Tel: 020 8500 1468

MEMBERSHIP:	Adult	£50.00
	Junior / OAP	£25.00
SAILING:	Adult (members)	£9.50
	Junior (members)	£7.30
ROWING:	Per boat	£10.00
PADDLESPOUT:	Adult (members)	£8.50
	Junior (members)	£7.00
COURSES:	Sailing Private Tuition	£47.00
	Sailing Course – Adult	£190.00
	Sailing Course – Junior	£160.00
	Paddlesport Course – Junior	£130.00
	Summer Camp (per week)	£150.00
BIRTHDAY PARTY:	Watersports	£160.00

FAIRLOP WATERS

Tel: 020 8500 9911

GREEN FEES:	18 hole – Adult (weekday)	£19.00
	18 hole – Adult (weekend)	£29.00
	18 hole – Junior / OAP	£13.00
	9 hole – Adult (weekday)	£13.00
	9 hole – Adult (weekend)	£19.00
	9 hole – Junior / OAP	£10.50
DRIVING RANGE:	Token (small / large)	£3.00 / £5.00
PAR-3:	Par-3, 1 round (weekday)	£10.50
	Par-3, 1 round (weekend)	£13.50
ANGLING:	Season Ticket – Adult	£205.00
	Season Ticket – Junior / OAP	£115.00
	Winter Ticket	£110.00
	Day Ticket	£14.00

FAIRLOP HIGH ROPES

Tel: 020 8500 9911

AFFORDABLE ADVENTURE FOR EVERYONE!

CHALLENGE ADVENTURE – Climbing Wall, Explorer Course, Challenge Course (ages 5 and over) – **£8.50**

EXTREME ADVENTURE – Climbing Wall, Challenge Course, Extreme Course (ages 8 and over) – **£12.50**

BIRTHDAY PARTIES / GROUP BOOKINGS AVAILABLE. When booking 8 or more people in advance – **save 50p per person**

FULLWELL CROSS LEISURE CENTRE

Tel: 020 8550 2366

SWIMMING:	Adult (peak / off peak)	£4.00 / £2.80
	Junior / OAP (peak / off peak)	£2.50 / £2.00
	Adult book of tickets (10 for price of 8)	£32.00
	Swim – Leisure Pass	£1.90
	Spectators	50p
SWIMMING LESSONS: (Also available at Ilford County High School)	Adult (per lesson)	£6.10
	Junior (per lesson)	£5.60
	One-to-one tuition for 12 weeks (30 minute lesson)	£17.60

FULLWELL CROSS LEISURE CENTRE

Tel: 020 8550 2366

SPA:	Adult	£12.80
	OAP	£6.40
	Ladies Recreation Session	£7.60
FITNESS:	Gym Induction	£30.00
	Gym (per hour)	£7.80
	Gym – Leisure Pass	£2.80
	Circuit Training (per hour)	£7.80
	Junior Gym (per hour)	£2.50
FITNESS CLASSES:	Aerobics / Water	£6.40
	Fitness Class	£7.20
	Yoga	£9.50

LOXFORD LEISURE CENTRE

Tel: 020 8478 5634

SWIMMING:	Adult (peak)	£4.00
	Junior / OAP (peak)	£2.50
SWIMMING LESSONS:	Adult (per lesson)	£6.10
	Junior (per lesson)	£5.60
	One-to-one tuition for 12 weeks (30 minute lesson)	£17.60
	One hour lessons	£6.10
	Crash course	£26.00
SPORTS HALL:	Badminton one hour court hire – Adult	£10.10
	Badminton one hour court hire – Junior	£7.50
	Indoor Football	£60.00
	No Strings Badminton	£3.70

OWLS PLAY CENTRE

Tel: 020 8500 9669

	Babies – under 6 months	FREE
	Babies – 6 months to 1 year	£1.60
	Toddlers – 1 year to 3 years	£4.20
	Junior – over 4 years	£6.40
	Adult	£1.00
	Senior / Leisure Pass	50p